

City of Atlanta Dolphins Swim Team
9th Annual Luqman R. El-Amin Invitational
November 6 -8, 2015

Sanction: Sanctioned by Georgia Swimming, Inc.
Sanction # **GA15-116**

File Name: The computer file is NOV15-CAD. All exchange of computer data should use the same file name.

Host: City of Atlanta Dolphins Swim Team
tjackson4359@comcast.net

Meet Director: Tommy Jackson – 404-285-6585

Facility: Adamsville Natatorium
3201 Martin Luther King, Jr. Drive
Atlanta, GA 30311
404-505-3189

The pool is 50 meters divided into 8 lanes 25 yards with a separate 8 lanes of 30-meter pool for warm-up/warm-downs. The water depth ranging from five feet at the shallow end to nine feet at the deepest end. An Omega timing system with an eight-lane scoreboard is used. There is ample seating in the bleachers and on deck. Parking is also available.

The competition course has been certified in accordance with 104.2.2C(4). The copy of such certification is on file with USA Swimming & Georgia Swimming.

Format: **This is an open meet.** All events will be conducted as time finals. In order to maintain a reasonable timeline the meet management committee reserves the right to use “dive-over” starts.

Eligibility: This meet is open to all swimmers registered with United States Swimming, Inc. **ALL Teams and Swimmers must be registered with United State Swimming. This is not an approve swim meet. This is a sanction swim meet. Non-registered swimmers and teams will not be allowed to participate in the meet. It is the coach’s responsibility to make sure his/her team and swimmers are registered with United State Swimming.**

Rules: The current USA Swimming rulebook will govern the conduct of this meet unless otherwise stated herein.

All officials must wear current USA card while on deck and present Official certification card at check-in.

Coaches must present, upon check-in, a current USA coaches certification card.

Swimmers are responsible for swimming in their assigned heat and lane.

~ Use of audio or visual recording devices, including a cell phone, is not permitted in changing areas, rest rooms or locker room.

Deck Change - Changing, in whole or in part, into or out of a swimsuit (excluding a dragsuit) in an area other than a permanent or temporary locker room, bathroom, changing room or other space designated for changing purposes while at a practice, competition, or other pool-related activity.

The practice of Deck Changing is prohibited at all USAS Sanctioned events. Swimmers participating in deck changing would be in violation of the USA Swimming Rule 202.2.9I and could be subject to removal from further competition in the meet.

“Any swimmer entered in the meet, unaccompanied by a USA Swimming member coach, must be certified by a USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water. It is the responsibility of the swimmer or the swimmer’s legal guardian to ensure compliance with this requirement.”

Meeting: **Friday** **Officials:** 5:00pm -5:15pm **Coaches:** 5:00pm – 5:10pm
Saturday & Sunday AM **Officials:** 8:00am - 8:15am **Coaches:** 8:45am – 8:55am
Saturday & Sunday PM **Officials:** 1:30pm - 1:45pm **Coaches:** 1:00pm – 1:15pm

Entry Fees: Individual Events: \$5.00 per event
Individual Late Entries: \$10.00 per event
Relays: \$6.00 each relay
Late Entry Late Entries: \$12.00 each relay

In addition, Georgia Swimming Inc. requires a \$2.00 surcharge for each out-of-state swimmer entered.

Please include a check with your entries. Swim club checks will be accepted only, no personal checks. Make checks payable to: City of Atlanta Dolphins Swim Team (CAD).

- Entry Limit:** Swimmers may enter up to five (5) individual events per day. This meet will be limited to the first **400** swimmers entered; however, the meet committee reserves the right to determine the final number of entries.
- Late Entries:** Late entries will be accepted for empty lanes only and no additional heats will be created to accommodate late entries. **All late entered swimmers must have their USA registration card verified by the Clerk of Course.** All entries must be paid at the time the entry is made.
- Entry Deadline:** All entries must be received on or before **Thursday, October 31, 2015.** Please mail the entry disk, copy of entries, summary sheet and your check to:
Adamsville Natatorium
c/o Tommy Jackson
3201 Martin Luther King, Jr. Drive
Atlanta, GA 30311
Email entries to: tjackson4359@comcast.net **(NEW EMAIL ADDRESS)**
- Seeding:** All events will be pre-seeded with the exception of 400 IM, 500 Free, and 1000 Free, which will be deck-seeded positive check-in events. All deck-seeded events will be scored by age group.
- Check-In:** In order to be seeded into the deck-seeded events swimmers must sign in with the clerk of course. The 12 & Under 500 Free will be limited to three heats of girls and boys. 13 & Over 400 IM and 500 Free will be limited to four heats each of women and men. The Open 1000 Free will be limited to three heats each of women and men. These events will be swum fastest to slowest, all women and then all men. The 400 IM, 500 Free, and 1000 Free will be scored and awarded by age groups. **There will be a 10 minute break before the 1000 Free.**
- Scratch Rule:** The Georgia Scratch Rule (adopted 4/18/10) will be in effect.
- Warm-Up:** The warm-up procedures, as developed by Georgia Swimming, Inc. and approved by USAS, will be strictly enforced. Warm-up times and lane assignments will be posted at the pool and each team will be required to furnish as USAS-certified coach to monitor their warm-ups. Continuous warm-ups and cool-downs are permitted in the small pool as long as swimmers are supervised.
- Scoring:** Scoring will be calculated as follows: **9-7-6-5-4-3-2-1 for individual events. Team points will be awarded to the top 8 places in each age group.**
- Awards:** Team trophies for 1st – 4th. Ribbons will be awarded 1st – 10th for individual event. Ribbons will be awarded to the top three (3) relays.
- Concession:** The usual snacks and refreshments will be available at the concession stand.

Results: Results from the meet will be posted @ www.swimcad.com

Safety: The safety marshal for the entire duration of the meet will be

Officials: **James R. Terry**. You may contact him at 404-624-0774. The host team welcomes and encourages the assistance of certified officials from visiting teams. There will be an officials meeting one hour prior to the start of each session.

Liability: The City of Atlanta Department of Recreation and Aquatics Office, The City of Atlanta Dolphins Swim Team, Georgia Swimming, Inc. and USA Swimming, Inc., shall be free from any liabilities or claims for damage of any kind arising by reason of injury to anyone or property during the conduct of this meet or during the travel to and from the meet.

Order of Events		
Friday, November 6, 2015		
Warm Up 5:00p.m. to 6:00p.m. - Meet Starts 6:15p.m.		
Women	Events	Men
1	13 & Over 400 IM	2
3	11-12 200 IM	4
5	10 & Under 200 IM	6
7	13 & Over 500 Free	8
9	12& Under 500 Free	10

Order of Events/Saturday Morning Session		
Saturday, November 7, 2015		
Warm Up 8:00 a.m. to 9:00 a.m. - Meet Starts 9:15 a.m.		
Women	Events	Men
11	11-12 200 Free (Girls)	--
13	13-14 200 Free	14
15	Senior 200 Free	16
17	11-12 100 Back (Girls)	--
19	13-14 100 Back	20
21	Senior 100 Back	22
23	11-12 50 Fly (Girls)	--
25	13-14 100 Fly	26
27	Senior 100 Fly	28
29	11-12 100 Breast (Girls)	--

31	13-14 200 Breast	32
33	Senior 200 Breast	34
35	11-12 50 Free (Girls)	--
37	13-14 50 Free	38
39	Senior 50 Free	40
41	11-12 200 Medley Relay (Girls)	--
43	13-14 200 Medley Relay	44
45	Senior 200 Medley Relay	46
	10 Minute Break	
47	OPEN 1000 Free (Girls)	--

Order of Events/Saturday Afternoon Session

Saturday, November 7, 2015

Warm Up 1:30 p.m. to 2:30 p.m. - Meet Starts 2:45 p.m.

Women	Events	Men
49	8 & Under 25 Free	50
51	9-10 200 Free	52
--	11-12 200 Free (Boys)	12
53	8 & Under 25 Back	54
55	9-10 100 Back	56
--	11-12 100 Back (Boys)	18
57	8 & Under 25 Fly	58
59	9-10 50 Fly	60
--	11-12 50 Fly (Boys)	24
61	8 & Under 25 Breast	62
63	9-10 100 Breast	64
--	11-12 100 Breast (Boys)	30
65	8 & Under 50 Free	66
67	9-10 50 Free	68
--	11-12 50 Free (Boys)	36
69	8 & Under 100 Medley Relay	70
71	10 & Under 100 Medley Relay	72
--	11-12 200 Medley Relay (Boys)	42

Order of Events/Sunday Morning Session

Sunday, November 8, 2015

Warm Up 8:00 a.m. to 9:00 a.m. - Meet Starts 9:15 a.m.

Women	Events	Men
73	11-12 100 Free (Girls)	--
75	13-14 100 Free	76
77	Senior 100 Free	78
79	11-12 50 Back (Girls)	--
81	13-14 200 Back	82
83	Senior 200 Back	84
85	11-12 50 Fly (Girls)	--
87	13-14 200 Fly	88
89	Senior 200 Fly	90
91	11-12 50 Breast (Girls)	--
93	13-14 100 Breast	94
95	Senior 100 Breast	96
97	11-12 100 IM (Girls)	--
99	13-14 200 IM	100
101	Senior 200 IM	102
103	11-12 200 Free Relay (Girls)	--
105	13-14 200 Free Relay	106
107	Senior 200 Free Relay	108
	10 Minute Break	
	OPEN 1000 Free (Boys)	48

Order of Events/Sunday Afternoon Session

Sunday, November 8, 2015

Warm Up 1:00 p.m. to 2:30 p.m. - Meet Starts 2:45 p.m.

Women	Events	Men
109	8 & Under 100 Free	110
111	9-10 100 Free	112
--	11-12 100 Free (Boys)	74
113	8 & Under 50 Back	114
115	9-10 50 Back	116
--	11-12 50 Back (Boys)	80
117	8 & Under 50 Fly	118
119	9-10 100 Fly	120
--	11-12 100 Fly (Boys)	86
121	8 & Under 50 Breast	122
123	9-10 50 Breast	124
--	11-12 100 Breast (Boys)	92
125	8 & Under 100 IM	126
127	9-10 100 IM	128
--	11-12 100 IM (Boys)	98
129	8 & Under 100 Free Relay	130
131	10 & Under 200 Free Relay	132
--	11-12 200 Free Relay (Boys)	104

**City of Atlanta Dolphins Swim Team
9th Annual Luqman El-Amin Invitational
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Entry Summary**

Team _____ Team Abbreviation _____

Team Address _____

City _____ State _____ Zip _____

Phone _____ Home _____ E-mail _____

ALL COACHES FROM YOUR TEAM, PRESENT AT THE MEET, MUST BE LISTED

Coach _____ Coach _____

Coach _____ Coach _____

Coach _____ Coach _____

For entry problems call or e-mail _____

Total individuals events	_____	x \$5.00=	_____
Total Relay Events	_____	x \$ 6.00=	_____
Total number swimmers surcharge (None-Georgia swimmers only)	_____	x \$ 2.00=	_____

Total fees submitted _____

Submit one check payable to City of Atlanta Dolphins Swim Team.

Entries must be received on or before Thursday, October 31, 2015. Mail entries to:

Tommy Jackson
Adamsville Natatorium
3201 Martin Luther King Jr. Drive
Atlanta, Georgia 30311
E-mail entries to tjackson4359@comcast.net (NEW EMAIL ADDRESS)

WAVIER, ACKNOWLEDGEMENT AND LIABILITY RELEASE:
Undersigned coach, the team or I representative verify that all of the swimmers and coaches listed on the enclosed entry forms are registered with U.S. SWIMMING.
I acknowledge that I am familiar with the safety rules of U.S. Swimming and Georgia Swimming regarding warm-up procedures and that I shall be responsible for the compliance of my swimmers with those rules during this meet. Georgia Swimming, Inc., U.S. Swimming, City of Atlanta Dolphins and City of Atlanta, its employees and coaches shall be free from any liability or claim for damages rising by reason of injury to anyone during the conduct of the meet.
I have reviewed RULE 302.4 FALSE REGISTRATION and understand that GA Swimming probably will issue a fine of up to \$100.00 per event against a member coach or a member club submitting a meet entry which indicates a swimmer is registered with USA swimming when that swimmer or the listed club is not properly registered.

Signature/Title

Date

GEORGIA SWIMMING INC.

SCRATCH RULE

The Scratch Rule used in all meets in Georgia where the meet format includes preliminary heats, consolation finals, and finals, is the same "Scratch Rule" as found in Section 207.12 Administrative Conduct of USA Swimming Championships, of the 2010 USA Swimming Rules and Regulations. Certain Georgia LSC additions listed below apply to all timed final meets as well.

“207.12.6.D. Scratching from finals:

- (1) Any swimmer qualifying for a C, B, or A (bonus and consolation final or) final race in an individual event who fails to compete in said final shall be barred from further competition for the remainder of the meet, except as noted in paragraph E. A declared false start under 101.1.3F or deliberate delay of meet under 101.1.5 is not permitted and will be regarded as a failure to compete.
- (2) In the event of withdrawal or barring of a swimmer from competition the Referee shall fill the C, B, or A (bonus and consolation final or) final, when possible, with the next qualified swimmer(s). First and second alternates shall be announced along with the final qualifiers. These alternates shall not be penalized if unavailable to compete in the finals.
- (3) Where C and B (bonus and consolation) finals have not been swum and a barring or withdrawal is known to the Referee, the Referee shall reseed the C, B, or A (bonus final, consolation final and the) final, if necessary, to insert the alternate(s) in the appropriate lane(s), filling all lanes in the final.
- (4) If the C or B (bonus and consolation) final has already been contested, the (championship) final shall be swum without reseeding for the empty lane(s).

E. Exceptions for failure to compete – No penalty shall apply for failure to withdraw or compete in an individual event if:

- (1) The Referee is notified in the event of illness or injury and accepts the proof thereof.
- (2) A swimmer qualifying for a C, B or A (bonus or consolation final or) final race based upon the results of the preliminaries notifies the Referee within thirty (30) minutes after announcement of the qualifiers for that race that they may not intend to compete and further declares their final intentions within thirty (30) minutes following their last individual preliminary event.
- (3) It is determined by the Referee that failure to compete is caused by circumstances beyond the control of the swimmer.”

Georgia LSC Additions:

Unless otherwise stated in the final sanctioned Meet Information:

1. Swimmers that qualify for any additional heats beyond the above mentioned “C, B and A” final heats as announced in the Meet Information will also be subject to the above rules concerning scratching from finals.
2. In all deck seeded events, a swimmer who has checked in, been seeded and fails to compete in said event, shall be barred from his or her next individual event, except as noted in section E above. This rule also applies in timed finals meets where the meet management has placed limits on the number of heats to be contested or the number of individual entries to be accepted for deck-seeded events.
3. There is no scratch rule governing relays and there is no penalty regarding relay scratches.
4. Qualifiers for all finals heats and the first and second alternates are those as identified on the original results of the preliminary heat. Any qualifier who has moved up into this group as a result of the posting of corrected preliminary results after original results have been posted shall not be subject to penalty.
5. The meet official designated to receive initial intentions not to compete and final intentions shall be announced at the beginning of each session. It is suggested that this official be the Clerk of Course.
6. On the final day of LSC Championship competitions, any swimmer who has checked in for finals and fails to compete will be assessed a \$50 fine. This fine must be paid before the next LSC Championship meet in which the swimmer intends to compete or the swimmer will be barred from competition.
7. A “Positive check-in procedure” shall be used for deck seeded events. A swimmer’s intent to swim a race shall be denoted by the swimmer’s or swimmer’s coach’s initials entered next to the swimmers name on the official entry sheet posted at the Clerk of Course.

Adopted by the HOD
April 18, 2010